

Free Fatty Acid Synthesis & Importance (Part-I)

Fatty Acids are synthesized when total energy intake, in the form of carbohydrates, proteins and lipids as final constituents, is higher than the total energy utilized from enzymatic oxidation of these components. Synthesis of fatty acid occurs in liver, mammary glands of lactating mothers and also, in adipose tissues and kidneys. Oxidation of fatty acids generates acetyl CoA; conversely, acetyl CoA is utilized in fatty acid synthesis, but the two processes are not in toto removal of each other. They differ from each other in many aspects, such as nature of enzymes and coenzymes, their intracellular location and nature of intermediary metabolites.

Fatty acids are synthesized in cytosol from acetyl CoA produced from different pathways such as β -oxidation of fatty acids in mitochondria, oxidative decarboxylation of pyruvate in mitochondria and degradation of amino acids in cytosol.

Step 1: Transport of Acetyl CoA from mitochondria to cytosol.

— Although fatty acid synthesis occurs in cytosol, most of acetyl Co-A molecules are

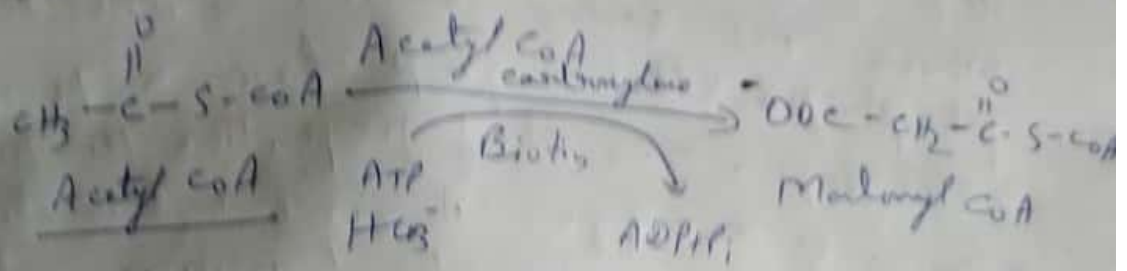
generated in mitochondria. As acetyl CoA cannot pass through inner mitochondrial membrane it undergoes condensation with oxaloacetate and forms citrate that easily diffuses out of mitochondria. (2)

In cytosol, citrate gets cleaved into oxaloacetate and acetyl CoA by the enzyme ATP-citrate lyase utilizing coenzyme A and ATP. Acetyl CoA is utilized for fatty acid synthesis but oxaloacetate gets converted to malate by malate dehydrogenase utilizing reduced nicotinamide adenine dinucleotide (NAD^+). Subsequently, malate in the presence of $NADP^+$ and malic enzyme, gets oxidised to pyruvate. Reduced $NADP^+$ generated is utilised in fatty acid synthesis.

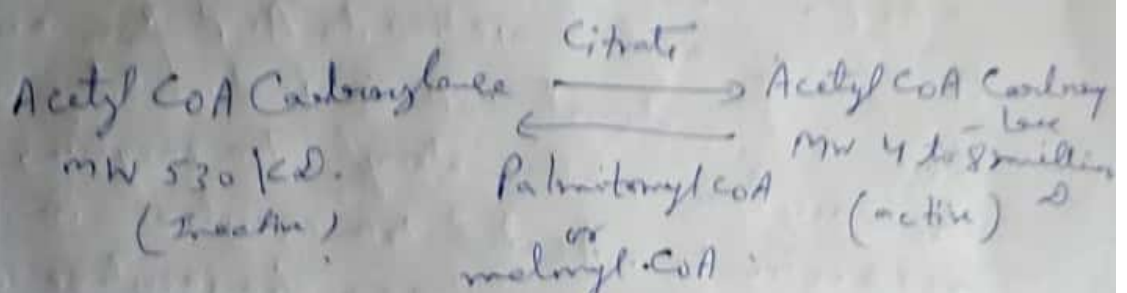
Step 2: Carboxylation of Acetyl CoA to

Malonyl CoA - Synthesis of fatty acids begins with condensation of two molecules of acetyl CoA. However, the energy provided by two molecules of acetyl CoA is not sufficient for condensation reactions. To meet the energy requirement, one acetyl CoA is carboxylated to malonyl CoA by the enzyme acetyl Co-A carboxylase utilizing CO_2 and ATP. Malonyl CoA, thus

formed, provides the required energy for
 condensation with one acetyl CoA.
 The acetyl CoA Carboxylase is an allosteric
 enzyme whose active sites is dependent
 on dephosphorylation and is regulated by
 the concentration of citrate and palmitoyl
 CoA.



Carboxylation of acetyl CoA to malonyl CoA



In bacteria (E. coli), acetyl CoA Carboxylase is a multienzyme complex comprising three enzymes: a BCCP, biotin Carboxylase and transcarboxylase.

Reaction begins with carboxylation of biotin linked to BCCP by the enzyme biotin Carboxylase, subsequently Co from biotin is transferred by transcarboxylase to acetyl CoA forming malonyl CoA.

Step 3: Transfer of Acyl Groups to Acyl

Carrier \rightarrow Malonyl CoA formed in step 2 now condenses

with acetyl CoA, but the reaction is not a straight one. The condensation reaction is preceded by transfer of acyl moieties of acetyl CoA and malonyl CoA to separate acyl carrier proteins (ACP). ACP remains linked to all the subsequent intermediates of fatty acid synthesis.

ACP is a single polypeptide of 77 amino acids whose one serine residue is linked to phosphopantetheine group being a terminal -SH group. This thiol group, like the thiol group of coenzyme A, forms a thioester bond with the carbonyl group of acyl moiety of acetyl CoA and malonyl CoA forming acetyl-ACP and malonyl ACP, respectively.

Transfer of acyl moieties to ACP from acetyl CoA and malonyl CoA is induced by acetyl transacylase and malonyl transacylase, respectively. Acetyl transacylase is not very specific and can transacylate even propionyl CoA but malonyl transacylase is highly specific.

Step-4: Condensation of Acetyl-ACP with Malonyl-ACP

:- The acetoacetyl ACP formed in step 4 is reduced to 3-hydroxybutyryl-ACP by 3-ketoacyl-ACP reductase utilizing reduced NADPH as hydrogen donor.

The two acyl-ACP molecules (acetyl-ACP and malonyl-ACP) undergo condensation by the enzyme, β -ketoacyl-ACP

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Synthase (also named acyl-malonyl-ACP
Condensing enzyme). The reaction first
involves transfer of acetyl group from acetyl
ACP to the enzyme linking its carbonyl
carbon by thioester bond and setting ACP
free. Now, the acetyl group from substrate
enzyme complex is shifted to malonyl ACP,
which undergoes decarboxylation, and is
then left out as acetyl-ACP. The energy from
decarboxylation is utilized in condensation of
acetyl group with acetyl ACP forming Aceto-
acetyl ACP. Acetyl CoA acquires energy from
ATP during carboxylation to malonyl CoA and
the same energy after decarboxylation of
malonyl CoA is utilized for condensation.

Step 5 - The acetoacetyl ACP - Reduction of
3-carbonyl group of Acetoacetyl ACP \rightarrow

The acetoacetyl ACP formed in step 4 is
reduced to β -hydroxybutyryl-ACP by
3 Ketoacyl-ACP reductase utilising
reduced NADPH as Hydrogen donor.

Step-6 - Dehydration of β -hydroxybutyryl
ACP -

The β -hydroxybutyryl ACP formed above
loses one H molecule from its carbon-3
by the action of the enzyme β -hydroxy
acyl ACP dehydratase and is converted
to crotonyl ACP with the loss of a
H₂O molecule, a trans double bond
develops between carbon-2 and carbon-3.